

I went to the fights, and a hockey game broke out!
Slow Smokin BBQ Home of the BIG WOODY!
48 Village Plaza • Ashcroft, B.C. (504-536-4842) Monday - Wednesday
BULLY'S BLUE BOOE BBQ, VETERAN'S BEST RESTAURANT & TRADING STRAIGHT

STATE CHAMPS
Rattlers
12-year-old Rattlers advance to Midwest Regional
PAGE 8A

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How Cheyenne Milwaukee Keating

WEDNESDAY JULY 17, 2013 \$1
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High Plains DOWNLOADS
Former Liberal resident shares her message of healing hope
Lynne Chapman, a former Liberal resident, shares her message of healing hope. Chapman, who moved to Liberal in 2008, says she was shocked by the violence and drug use she found there. She now runs a community center and offers support to those in need. **Page 1A**

SATURDAY
Chamber to host Legislative Breakfast discussion
The Liberal Chamber of Commerce is hosting a Legislative Breakfast discussion on Saturday, July 20, at 8 a.m. The discussion will cover all areas of Liberal's development, including the new hospital, the new school, and the new park. **Page 1A**

THURSDAY
Learn how to eat healthy, be active
The health and wellness committee is hosting a "Learn how to eat healthy, be active" session on Thursday, July 18, at 6 p.m. The session will be held at the Liberal Community Centre. **Page 1A**

TUESDAY
They came, they read the Bible, they ate cheesecake brownies
The health and wellness committee is hosting a "They came, they read the Bible, they ate cheesecake brownies" session on Tuesday, July 16, at 6 p.m. The session will be held at the Liberal Community Centre. **Page 1A**

Back to school preparation begins with immunizations
The health department is open from 9 a.m. to 4 p.m. Monday through Friday. The department is offering immunizations for children and adults. **Page 1A**

Plans for wind farm put on hold
Plans for a wind farm in the area of the former Liberal Correctional Centre have been put on hold. The Liberal Chamber of Commerce is currently reviewing the plans. **Page 1A**

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