

What will be included in the Liberal Community Recreation Center?

1 Gymnasium (Permanent Sport Surface/Equipment)
 The main gym will have high school regulation basketball courts that can also be used for volleyball, badminton and more. There will be dividers to keep the balls in each court area, and stands will also be available for spectators. The main gym will include:
 • 12 Lane Track (1.8M feet)
 • 6 Basketball Courts
 • 6 Badminton Courts
 • 6 Badminton Courts
 • 6 Table Courts

2 Gymnasium (Portable Sport Surface/Equipment)
 A portable turf surface will be available to be placed over one two or three basketball courts to provide the following additional activities:
 • 1 Indoor Soccer w/Chamber Boards
 • 2 Tennis Courts
 • 2 Golf Putting Net
 • 270' Batting Practice Cages
 • 1 Archery Station
 • 2 Shuffleboard
 • 1 Rock Climbing Station

Gymnasium (Sport Capability)
 Basketball
 Indoor Soccer
 Baseball/Softball Infield
 Wrestling/Jogging
 Golf
 Field
 Kick
 American Football
 Soccer
 Basketball
 Volleyball
 Indoor Field Hockey
 Wrestling
 Gymnastics
 Indoor Lacrosse
 Archery
 Rock Climbing
 Shuffleboard
 Etc.

3 Senior Section/ Classroom D
 Liberal seniors will have a section all to themselves that will provide an area for activities that cater to their age group. For a \$17 per month membership, seniors will be able to enjoy the facility every day and participate in any of the classes or workout sessions they choose, but they will also have an area just for them. The senior section will include:
 • 2.5" TV
 • Coffee Bar
 • 65 Seat Table Capacity
 • Game Storage
 • Power Point Screen

4 Activity/Game Center
 For leisure recreation enthusiasts, this center will include a gaming area with the following options:
 • 2-4" Game Tables
 • 2 Ping Pong Tables
 • 1 Pool Table
 • 2 Shuffleboard Tables
 • 1 Air Hockey Table

5 Aerobic Center
 With workouts available either with a live instructor or with a video leader, there will always be an opportunity to get the blood flowing in the aerobic center that will consist of:
 • 4-4" TV Instruction Screens
 • 600 S.F. Aerobic Area
 • 116 Seat Table Area
 • Sound System
 • Aerobic Equipment
 • 2 Instruction Platforms

6 Multi-Sport Center
 From a mixed martial arts punching bag to practicing some darts into the hitting net, the multi-sport center will feature:
 • 2 Golf/Soft-Tee Hitting Net
 • Darts Station
 • Shuffleboard
 • 2 Double Shot Basketball
 • Wrestling/Martial Arts Station
 Etc.

7 Nutrition Center/Classroom
 Learn a new dish or teach someone else how to make your favorite in the nutrition center. Classes with a focus on healthier diets will be available for the cooking enthusiasts in a kitchen environment that will include:
 • 3 Showrooms
 • 4" TV Instruction Screens
 • 4 Microwave
 • Cold Storage
 • Power Point Screen
 • Instruction Counter
 • Wash Station

8 Cardio Center
 Get the heart rate up with a trip to the cardio center. With a variety of machines, you can work at your own pace or join in on one of the workouts on the monitors. The equipment in the cardio center will include:
 • 4-4" TV Instruction Screens
 • Joggers
 • Spin Classers
 • Sound System
 • 1.6K Seat Area
 • Cardio Equipment

9 Weight/Strength Training Center
 Get buff by spending some time in the weight/strength training center. With a variety of machines to test each muscle group, this area will help build muscle and will include:
 • Casual Weights
 • Sound System

10 Child Care Center
 While the parents work out, the kids will get a chance to keep busy in the child care center. The younger guests of the recreation center will be able to enjoy the following:
 • Children's Learning Area
 • Movie Area
 • Rest Area
 • Children's Play Feature

11 Classroom A
 The multi-use classroom will be available for a variety of topics with the necessary equipment to help the instructor. When there is no instruction, a video-screen will be available in a class that includes:
 • 16 Seat Table Capacity
 • 4" TV Instruction Screen
 • Power Point Screen
 • Wash Station

12 Classroom B
 This larger classroom will be available for a variety of topics with the necessary equipment to help the instructor. When there is no instruction, a video-screen will be available in a class that includes:
 • 45 Seat Table Capacity
 • 4" TV Instruction Screen
 • Power Point Screen
 • Wash Station

13 Classroom C/ Movie Theater
 With theater-style seating, this classroom can be used for instruction or entertainment. If you are waiting for a scheduled workout, take a break and watch the show in a room that includes:
 • 35 Seat Table Capacity
 • 4" TV Instruction Screen
 • Power Point Screen
 • Wash Station

14 Computer Center/ Classroom
 If you are a senior wanting to learn how to email or a student working on a homework assignment, the computer center will provide an opportunity for the novice to the power user. The computer center will include:
 • 8 Computer Stations
 • 4" TV Instruction Screen
 • Power Point Screen
 • Printer Station
 • 10 Seat Table Capacity

15 Walking/jogging track
 Five laps around the walking track equals a little more than a mile. This three-lane track provides an indoor walking opportunity and a way to measure your distance.

- Plus ...**
- Men's and Women's locker rooms
 - Family Restroom Facilities
 - Vending Court
 - Commons Area
 - Shuffleboard Courts
 - Batting Cages
 - Lounge Area
 - Driving Nets
 - Soft Toss Nets

[Page 1](#)

[Page 2 and 3](#)

[Page 4 and 5](#)

[Page 6 and 7](#)

[Page 8](#)