By RUSTIN WATT • Daily Leader The break is over and the Lady Redskins are getting ready for Hays.

The Redskin girls will be playing at Hays Friday night to set off WAC play. The Lady Red went into the break 5-0 and have worked to come out ready to play a tough 5-1 Hays team.

The Lady Redskins have worked on aspects of their game maybe they won't need Friday or next week, but at some time in the season it will be crucial.

The girls were a run-and-gun team before the break. They caused havoc in the backcourt and created easy shot opportunities off fast breaks and steals.

This will not change, but the Lady Skins are getting prepared to slow it down when needed.

"Obviously our full court and transition game looked really well before break," Lady Redskin coach Shane Stout said. "But we've spent a lot of time working on our half-court sets because we know we're not going to be able to run on everybody. There's going to be a game where we are going to have to be good in the half court."

The Lady Redskins have gone into the break 5-0 before and have struggled heading into conference play.

A very experienced group of seniors knows they have to come out of the break strong to get where they want to go.

The Lady Red have had five practices and will end with eight total before their match-up with Hays Friday. They have prepared for a different style but will still stick to their guns.

"We've spent basically the first five practices working on our half- court sets," Stout said. "But we're still going to rely on that transition game and hopefully in the full court cause turnovers

and get easy baskets. We've spent a couple days just getting back in shape and for the most part I'm pretty pleased the girls have been working hard."

The Lady Redskins will tip off at 6 p.m. at Hays.