

By ROY ALLEN

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After an absence of either team making it into the NJCAA top 25 poll last week despite hot starts, both Seward County women's and men's teams found their way snugly into the nation's best this week.

Thanks to a 7-1 start and a quality win over 8-1 Cowley College, the Lady Saints come in at No. 14 this week after falling from that same spot just two weeks ago after a week off.

The Lady Saints have been led by their fearsome defense which is allowing just 48 points a game and is holding their opponents to just

32 percent shooting.

LaNell Taylor is leading the team in scoring at 12.4 points a game and has connected on 43 percent of her three-point shots.

Coach Bryan Zollinger's men's team is finally getting a little bit of respect after their third place national finish last season and a 10-0 start this season.

The Saints found their way into the rankings at No. 20 this week after quality wins over New Mexico JC and Frank Phillips last weekend, teams who both were receiving votes towards the rankings prior to the weekend.

Latiq Agard sits atop the Saints scoring and rebounding categories averaging 21 points and seven rebounds a game while point guard Tony Smith has connected on 48 percent of his chances from beyond the arc.

