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THURSDAY MAY 16, 2013 \$1

### SW Guidance Center director talks about state's new mental health plan

**By ROBERT FRANK**  
 The new plan for mental health services in North Carolina is a significant step toward providing better care for those in need, says the director of the Southwest Guidance Center.

The plan, which was developed by the state's Department of Health and Human Services, calls for a shift in focus from hospital-based care to community-based care. This means that more resources will be directed toward providing services in the community, such as through crisis centers and mobile crisis teams.

The plan also calls for a shift in focus from acute care to long-term care. This means that more resources will be directed toward providing services that help people manage their mental health over the long term, such as through case management and supported employment.

The plan is expected to be implemented in the fall of 2013. The Southwest Guidance Center is currently working with the state to ensure that its services are aligned with the new plan.

**13 GARAGE SALES LISTED INSIDE TODAY**

**High Miles**  
 • 100% Natural  
 • 100% Wood  
 • 100% Hickory  
 • 100% Real

**DOWNLOADS**

**Rice Department taking sign-ups for Nerve Day Camp**  
 The Rice Department is currently accepting sign-ups for Nerve Day Camp. This is a one-day event designed to help children and teenagers understand and manage their anxiety. The camp is held at the Rice Department's headquarters in Raleigh, NC. Sign-ups are open until May 20th. For more information, visit [www.ricedepartment.com](http://www.ricedepartment.com).

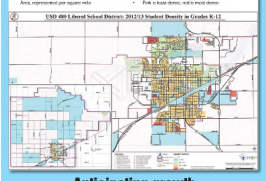
### Grain truck swerves to miss camper



**Grain truck swerves to miss camper**  
 A grain truck swerved to miss a camper parked on the side of a road in North Carolina. The truck was traveling at a high speed and the driver was unable to control the vehicle. The camper was damaged and the driver was injured. The incident occurred on May 15th near the town of Lenoir.

**SIGN UP TODAY**

**4-44 announces Summer Fun program, kicks off with tubing at Aldrich**  
 The 4-44 program is currently accepting sign-ups for its Summer Fun program. The program is designed to provide children and teenagers with a fun and safe outdoor activity. The first activity is tubing at Aldrich. Sign-ups are open until May 20th. For more information, visit [www.444.org](http://www.444.org).



### Anticipating growth

**Demographer gives school board data on what lies ahead**  
 A demographer has provided data to the school board regarding future population growth and its impact on the school system. The data shows that the population in the area is expected to grow significantly over the next few years. This growth will likely result in an increase in the number of students in the school system, which will require additional resources and facilities.

**City will have votes for sale through its trees**  
 The city is currently accepting votes for the sale of its trees. The trees are being sold to support the city's budget. The trees are being sold at a discount to encourage citizens to purchase them. The sale is open until May 20th. For more information, visit [www.cityofraleigh.com](http://www.cityofraleigh.com).

**THURSDAY, JUNE 13**

**City will have votes for sale through its trees**

**Trees Available**

• 100% Natural  
 • 100% Wood  
 • 100% Hickory  
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