

## Friendship Meals

Monday, Feb. 17 – Closed for holiday

Tuesday, Feb. 18 – Spaghetti with meat sauce, buttered spinach, bread stick, fruit cocktail and milk

Wednesday, Feb. 19 – Country fried steak, mashed potato with gravy, winter mixed vegetables, fruit cobbler, bread and milk

Thursday, Feb. 20 – Beef tips with mushrooms, egg noodles, seasoned yellow squash, bread and milk

Friday, Feb. 21 – Chicken enchiladas, Spanish rice, refried beans, salsa, tropical fruit and milk

## Activities

- Monday, Feb. 17

Closed for Presidents Day

- Tuesday, Feb. 18

**Liberal Senior Center friendship meals and activities for Feb. 17-22**

Saturday, 15 February 2014 11:03

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9 a.m. – Ladies snooker

9:45 a.m. – Bible study

1 p.m. – Train

7 p.m. – Bridge

• Wednesday, Feb. 19

8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – Seward County Council on Aging board meeting

1 p.m. – Pitch

3 p.m. – Genealogy

• Thursday, Feb. 20

8:30 a.m. – Senior breakfast

10 a.m. – Card work day

10 a.m. – Older Kansas Employment Program and Affordable Care Act

1 p.m. – Hand and foot

• Friday, Feb. 21

8:30 a.m. – Aerobics

9 a.m. – Coffee N Roll

1:30 p.m. – Buck bingo

• Saturday, Feb. 22

Open from 1 to 5 p.m.