

Friendship Meals

Monday, Feb. 3 – Brown sugar glaze ham, chateau potatoes, red cabbage, gelatin with pears, roll and milk

Tuesday, Feb. 4 – Swiss steak, mashed potato with gravy, green beans, angel food with straw, bread and milk

Wednesday, Feb. 5 – Beef stew, cornbread, cauliflower, chilled peaches, bread and milk

Thursday, Feb. 6 – Countryside chix fillet, parsley buttered bow ties, spinach, gelatin with fruit cocktail, roll and milk

Friday, Feb. 7 – Baked beef brisket, baked potato, baby carrots, pineapple upside down, bread and milk

Activities

- Monday, Feb. 3

8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – Pancake bridge

1:30 p.m. – Chicken scratch

• Tuesday, Feb. 4

9 a.m. – Ladies snooker

9:45 a.m. – Bible study

1 p.m. – Train

7 p.m. – Bridge

• Wednesday, Feb. 5

8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – Pitch

Liberal Senior Center Friendship meals and activities for Feb. 3-8

Saturday, 01 February 2014 10:23

3 p.m. – Genealogy class in meeting room. Cost is \$2.50.

• Thursday, Feb. 6

10 a.m. – Older Kansans Employment Program and Affordable Care Act navigator

1 p.m. – Hand and foot

3 p.m. – Tea at Three

• Friday, Feb. 7

8:30 a.m. – Aerobics

9 a.m. – Coffee N Roll

1:30 p.m. – Buck bingo

• Saturday, Feb. 8

Open 1 to 5 p.m.