Friendship Meals

Monday, Dec. 2 – Salisbury steak, garlic mashed potatoes, peas and carrots, toss salad, whole wheat roll and milk

Tuesday, Dec. 3 – Beef tips with gravy, parslied noodles, California vegetables, whole wheat bread, peach slices and milk

Wednesday, Dec. 4 – Sliced turkey with gravy, cornbread dressing, cranberry sauce garnish, seasoned broccoli, whole wheat roll, fruit cobbler and milk

Thursday, Dec. 5 – Roast beef with gravy, mashed potatoes, brussels sprouts, whole wheat roll, tropical fruit and milk

Friday, Dec. 6 – Goulash, tossed salad, green beans, bread stick, ice cream and milk

Activities

• Monday, Dec. 2

8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – Pancake bridge

1:30 p.m. – Chicken scratch

• Tuesday, Dec. 3

9 a.m. – Ladies snooker

9:45 a.m. – Bible study

1 p.m. – Train

7 p.m. – Bridge

• Wednesday, Dec. 4

8:30 a.m. – Aerobics

9 a.m. – Strong body

1 p.m. – Pitch

• Thursday, Dec. 5

3 p.m. – Tea at Three

• Friday, Dec. 6

8:30 a.m. – Aerobics

9 a.m. – Coffee and roll

1:30 p.m. – Buck bingo

8 p.m. – Happy Steppers dance

The band is Butch and Pat.

• Saturday, Dec. 7

Snooker open from 1 to 5 p.m.