

Liberal Senior Center

Friendship Meals

Monday, Sept. 2 – Closed

Tuesday, Sept. 3 – Swiss steak, seasoned mashed potatoes, skillet cabbage, cake with icing, roll and milk

Wednesday, Sept. 4 – Pork roast, boiled potatoes, seasoned beets, cream pie, roll and milk

Thursday, Sept. 5 – Swedish meatballs, buttered noodles, stewed tomatoes, rosy pears, bread and milk

Friday, Sept. 6 – Baked ham, scalloped potatoes, peas and carrots, fruit pie, roll and milk

Activities

- Monday, Sept. 2

Closed for Labor Day

## Liberal Senior Center meals and activities for week of Sept. 2-7

Saturday, 31 August 2013 10:27

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- Tuesday, Sept. 3

9 a.m. – Ladies snooker

9 a.m. – SCCC painting class

9:45 a.m. – Bible study

1 p.m. – Train

7 p.m. – Bridge

- Wednesday, Sept. 4

8:30 a.m. – Aerobics

9 a.m. – Foot care

9 a.m. – Strong body

1 p.m. – Pitch

- Thursday, Sept. 5

**Liberal Senior Center meals and activities for week of Sept. 2-7**

Saturday, 31 August 2013 10:27

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3 p.m. – Tea at Three

• Friday, Sept. 6

8:30 a.m. – Aerobics

9 a.m. – Coffee and roll

Grandparents Day party

1:30 p.m. – Buck bingo

8 p.m. – Happy Steppers dance. The band is Oklahoma Cowboy and Texas Lady.

• Saturday, Sept. 7

Snooker open from 1 to 5 p.m.