

## Friendship Meals

Monday, May 6 – Baked pork chop, American F. potatoes, winter mix vegetables, whole wheat roll, fruit mix, and milk

Tuesday, May 7 – Chicken paprika, parsleyed bowties, crumb top Brussels sprouts, whole wheat bread, baked peach slices, and milk

Wednesday, May 8 – Lasagna, Italian vegetables, tossed salad, garlic bread, pineapple, and milk

Thursday, May 9 – Garlic pepper pork loin with gravy, baked sweet potatoes, spinach, whole wheat roll, baked apple slices, and milk

Friday, May 10 – Ham and beans, stewed tomatoes, cornbread, pineapple upside down cake, and milk

## Activities

• Monday, May 6

8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – SCCC art class

1:30 p.m. – Pancake bridge

1:30 p.m. – Chicken scratch

1:30 p.m. – Jewelry

• Tuesday, May 7

9 a.m. – Ladies snooker

9 a.m. – SCCC painting class

9:45 a.m. – Bible study

1:30 p.m. – Train

7 p.m. – Bridge

• Wednesday, May 8

**Liberal Senior Center meals and activities for week of May 5-11**

Saturday, 04 May 2013 09:04

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8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – Pitch

• Thursday, May 9

9 a.m. – SCCC painting class

1:30 p.m. – Farkle

4:30 p.m. – Dinner and a movie

• Friday, May 10

8:30 a.m. – Aerobics

9 a.m. – Coffee and roll

1:30 p.m. – Buck bingo

8 to 11 p.m. – Happy Steppers dance. The band is Butch and Pat

- Saturday, May 11

Open from 1 to 5 p.m.